

For meal/menu changes, please call **833-FOODTOO (833-366-3866)**. Changes must be made at least five business days in advance in order to go into effect on your next order. Limit of 2 per item.



### **Breakfast**

**Croissant Breakfast** with Canadian bacon, egg, cheddar cheese and strawberry jam

**Scrambled Eggs** with roasted red skin potatoes, peppers, onions, and cheese

**Omelet** with a turkey sausage patty and hash brown

**Whole Grain Pancakes** with syrup and a turkey sausage patty

**Cinnamon French Toast Sticks** with syrup and an egg patty

**Oatmeal Choices:** Cinnamon Apple, Peach & Almond or Cranberry Orange

**English Muffin Sandwich** with Canadian bacon, egg, and cheddar cheese

**Whole Grain Waffles** with syrup and a turkey sausage patty

**All American Breakfast-** egg patty, pancake, pork bacon and syrup

### **Lunches, Soups & Stews**

**Beef & Bean Chili**

**Butternut Squash Soup**

**Chicken Fajitas**

**Chicken Quesadilla** with fiesta rice, corn, and refried beans

**Lentil Soup**

**Spaghetti and turkey meatballs**

**Minestrone Soup**

**Spaghetti Marinara**

**Chicken Quesadilla** with fiesta rice, corn, and refried beans

**Beef Mash Stew**

**Cheese stuffed pasta shells** with marinara and cauliflower

### **Beef**

**Beef Burgundy** over egg noodles with green beans

**Beef Stroganoff** over egg noodles with green beans

**Fiesta Beef** with brown rice and corn

**Pot Roast** with mashed potatoes and carrots

**Beef Kabob** with rice and carrots, and garbanzo beans (Halal friendly)

**Sliced Roast Beef** mashed potatoes, green beans

**Kibbeh Mediterranean Meatball** with rice, green beans, and yogurt sauce (Halal friendly)

**Korean Beef**

### **Allergy Notes:**

\*Please be aware that our facility prepares foods and uses ingredients in our products that contain nuts, peanuts, tree nuts, soy, milk, egg, and wheat. We are *not* a gluten free facility.

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### Chicken

**Chicken Alfredo** over fettuccine with broccoli

**Chicken Santa Fe** with roasted red skin potatoes, black beans and corn

**Cranberry BBQ Chicken** over brown rice and green beans

**Grilled Chicken and Vegetables** over egg noodles

**Honey Glazed Chicken** over brown rice with sugar snap peas

**Kona Chicken** over brown rice with sugar snap peas

**Thai Basil Chicken**

**Sweet and Sour Chicken** over noodles with broccoli

**Chicken Kabob** with rice and carrots, and garbanzo beans (Halal friendly)

### Turkey

**Roast Turkey Dinner** with mashed potatoes, green beans

**Swedish Meatballs** over egg noodles with carrots

**Turkey Bolognese** over penne with peas

### Pork

**Ham Dinner** with pineapple, mashed sweet potatoes and brussels sprouts

**Pork Loin** with mashed potatoes, brussels sprouts, and cinnamon apples

### Seafood

**Herb Butter Cod** with mashed potatoes and carrots (Limit per order)

**Kona Cod** with brown rice and sugar snap peas

**BBQ Salmon** with sweet potatoes and green beans (Limit per order)

**Mustard Salmon** with roasted potatoes and broccoli (Limit per order)

**Shrimp Alfredo** over fettuccine with peas

**Sweet and Sour Shrimp** over noodles with broccoli

**Tortilla Crusted Tilapia** with brown rice and carrots (Limit per order)

**Parmesan Crusted Tilapia** with brown rice and broccoli cuts (Limit per order)

**Flounder with Lemon sauce**- served with mashed potatoes and broccoli

### Vietnamese

**Chicken Curry**

**Chicken Pho**

**Caramelized Pork**

### Renal Choices

**Cinnamon Apple Oatmeal**

**Cinnamon French Toast Sticks**

**Beef Burgundy**

**Beef Stroganoff**

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**Renal Choices continued**

**Pot Roast**

**Chicken Fajitas**

**Garlic Lime Chicken**

**Grilled Chicken and Vegetables**

**Kona Cod**

**Pureed Choices**

**Omelet**

**French Toast**

**Beef Lasagna**

**Beef Stew**

**Chicken a la King**

**Chicken Patty**

**BBQ Beef**

*Please note that if the kitchen runs out of certain items, we reserve the right to make meal substitutions.*

*Thank You.*

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