



## **BREAKFAST**

- All American Breakfast** - egg patty, pancake, pork bacon and syrup
- Cinnamon French Toast Sticks** - with syrup and an egg patty
- English Muffin Sandwich** - with Canadian bacon, egg, and cheddar cheese
- Oatmeal Choices:** Cinnamon Apple, Peach & Almond or Cranberry Orange
- Coconut Rice with Mango** - Rice cooked in coconut milk topped with mango cubes.
- Omelet** - with a turkey sausage patty and hash brown
- Scrambled Eggs** - with roasted red skin potatoes, and cheese
- Pancakes** - with syrup and a turkey sausage patty
- Whole Grain Waffles** - with syrup and a turkey sausage patty

## **LUNCHES SOUPS AND STEWS**

- Beef & Bean Chili**
- Beef Mash Stew**
- Butternut Squash Soup**
- Cheese stuffed pasta shells** - with marinara and cauliflower
- Chicken Fajitas**
- Lentil Soup**
- Fiesta Chicken Soup**
- Spaghetti Marinara**
- Spaghetti and turkey meatballs**
- Falafel** - Served with Mediterranean rice and green beans
- Vegan Tofu Tikki Masala** - Tikki Masala sauce & tofu with rice, broccoli, carrots and cauliflower
- Chile Relleno** - mini chile relleno with refried beans, carrots and red sauce
- Vegan Potsticker** - Vegetable potstickers, Asian inspired sauce with brown rice and carrots

## **BEEF**

- Beef Burgundy** - over egg noodles with green beans
- Beef Stroganoff** - over egg noodles with green beans
- Korean Beef** - Ground beef over white rice
- Pot Roast** - with mashed potatoes and carrots

## **CHICKEN**

- Chicken Alfredo** - over fettuccine with broccoli, cauliflower and carrots
- Chicken Santa Fe** - with roasted red skin potatoes, black beans and corn
- Cranberry BBQ Chicken** - over brown rice and green beans
- Chicken and Noodles** - over egg noodles with onions, shredded carrots, celery and peas
- Honey Glazed Chicken** - over brown rice with green beans

*Please note that if the kitchen runs out of certain items, we reserve the right to make meal substitutions.*

## **CHICKEN (continued)**

**Sweet and Sour Chicken** - over noodles with broccoli, cauliflower and carrots

**Thai Basil Chicken** - Ground chicken over white rice

**Chicken Curry** - Over white rice with broccoli, cauliflower and carrots

## **TURKEY**

**Roast Turkey Dinner** - with mashed potatoes, green beans

**Swedish Meatballs** - over egg noodles with carrots

**Turkey Bolognese** - over penne with peas

## **PORK**

**Pork Loin** - with mashed potatoes, brussels sprouts, and cinnamon apples

## **SEAFOOD**

**BBQ Salmon** - with mashed potatoes and green beans

**Salmon Escabeche** - Salmon in a tomato, bell pepper, carrot & red onion sauce served with white rice

**Flounder with Lemon Sauce** - served with mashed potatoes and broccoli, cauliflower and carrots

**Herb Butter Cod** - with mashed potatoes and carrots

**Mustard Salmon** - with roasted potatoes and broccoli, cauliflower and carrots

**Parmesan Crusted Tilapia** - with brown rice and broccoli, cauliflower and carrots

**Shrimp Alfredo** - over fettuccine with peas

**Sweet and Sour Shrimp** - over noodles with broccoli, cauliflower and carrots

**Tortilla Crusted Tilapia** - with brown rice and carrots

## **VIETNAMESE CHOICES:**

**Caramelized Pork** - With white rice

**Vietnamese Chicken Ragu** - Chicken stew over white rice

**Chicken Pho** - With rice noodles, bean sprouts and onions

## **HALAL CHOICES**

**Beef and Lamb Gyro** - with Mediterranean rice and green beans (Halal)

**Chicken Shish Tawook** - Yogurt marinated chicken breast with Mediterranean rice & green beans (Halal)

## **RENAL CHOICES**

**Cinnamon Apple Oatmeal/Cinnamon French Toast/Egg Burrito/Chicken Fajitas/ Beef Burgundy/Beef Stroganoff/Garlic Lime Chicken/ Chicken & Noodles/ Butter Cod/Pot Roast/ Swedish Meatballs/Omelet**

## **PUREED CHOICES**

**BBQ Beef/ Beef Lasagna/ Beef Stew/ Chicken a la King/ Chicken Patty/ Omelet/ French Toast/Salisbury Steak**

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**Allergy Notes: \*Please be aware that our facility prepares foods and uses ingredients in our products that contain nuts, peanuts, tree nuts, soy, milk, egg, and wheat. We are not a gluten free facility.**